

Sprint
 1/2mi Swim, 6mi Bike, 2mi Run
 Race Scored by Golden State Timing
 06/14/2009

OVERALL RESULTS INDIVIDUALS

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
1	1/38	800	Chris Foster	M	25	Huntington Beach		3	12:03	1:43	5	14:07	0:49	1	10:28	1	39:08
2	1/41	605	Jason May	M	34	Redondo Beach	CA	2	11:31	1:58	9	14:53	0:47	4	11:41	2	40:47
3	2/38	453	Andrew Lockton	M	27	Culver City	CA	8	13:23	1:54	10	15:26	0:43	2	10:56	3	42:20
4	1/34	385	Laurent O'Shea	M	47	Agoura Hills	CA	34	14:49	2:13	6	14:37	0:52	9	11:53	4	44:22
5	1/29	544	Erich Robert Van Strale	M	41	Malibu	CA	10	13:35	2:16	19	15:56	0:54	7	11:50	5	44:29
6	3/38	443	David Gaspar Romero	M	29	Redondo Beach	CA	38	15:03	1:58	16	15:45	0:41	3	11:35	6	45:00
7	2/41	521	Brian Tasker	M	32	El Segundo	CA	16	14:13	2:20	14	15:34	0:39	16	12:35	7	45:19
8	1/41	468	James Alexander Schnaue	M	37	Los Angeles	CA	27	14:36	2:14	15	15:39	0:51	10	12:10	8	45:27
9	1/5	198	Mathieu Gonin	M	19	Torrance	CA	18	14:20	2:22	24	16:29	0:50	5	11:42	9	45:40
10	2/34	798	Bill MacLeod	M	49	Palos Verdes Estat	CA	32	14:47	2:22	13	15:30	1:16	8	11:50	10	45:42
11	3/41	268	Matthew Kadowaki	M	32	Redondo Beach	CA	6	13:17	2:29	64	17:55	0:49	6	11:49	11	46:18
12	2/41	67	Derek Brauch	M	36	Manhattan Beach	CA	44	15:28	2:11	11	15:30	0:48	14	12:25	12	46:21
13	3/34	349	Dirk Meyer Zu Drewe	M	46	Hermosa Beach	CA	23	14:28	2:12	23	16:26	0:53	15	12:35	13	46:32
14	4/41	578	Tyler Willingham	M	30	Encinitas	CA	4	12:50	2:33	37	17:10	0:59	26	13:11	14	46:41
15	2/29	287	Michael Kraemer	M	42	Redondo Beach	CA	20	14:24	2:32	29	16:54	0:52	12	12:17	15	46:57
16	3/41	19	Jason Argent	M	37	Manhattan Beach	CA	67	16:35	2:27	8	14:49	0:57	11	12:12	16	46:58
17	5/41	34	Piers Barry	M	33	Santa Monica	CA	12	13:48	2:48	27	16:39	0:49	31	13:22	17	47:23
18	4/34	236	James Hoeschler	M	47	El Segundo	CA	7	13:18	2:20	41	17:14	0:43	46	13:50	18	47:23
19	1/15	264	Russell Jones	M	54	San Juan Capistran	CA	61	16:20	1:53	17	15:46	0:35	21	12:59	19	47:32
20	6/41	158	Carlos Espinoza	M	31	Long Beach	CA	36	14:58	2:28	28	16:44	0:46	18	12:48	20	47:43
21	2/15	612	Robert Thalmann	M	50	Lomita	CA	26	14:33	2:35	22	16:14	0:47	41	13:41	21	47:48
22	4/41	90	Sal Castro	M	39	Long Beach	CA	5	13:11	2:41	20	16:10	1:04	101	15:05	22	48:10
23	1/14	561	Casey Weaver	M	24	Long Beach	CA	58	16:13	3:02	12	15:30	1:12	19	12:50	23	48:44
24	7/41	497	Peter Smith	M	34	Hermosa Beach	CA	111	17:42	2:32	7	14:41	1:04	20	12:54	24	48:51
25	2/5	72	Tim Brigantino	M	17	Salinas	CA	25	14:32	2:19	88	18:29	0:43	40	13:39	25	49:41
26	3/15	450	Bob Ruth	M	50	Rolling Hills	CA	1	7:48	3:59	114	18:57	1:28	245	17:37	26	49:47
27	5/34	609	Kevin Compayre	M	47	Castaic	CA	33	14:49	2:45	42	17:16	1:11	47	13:56	27	49:54
28	8/41	233	Anthony Hildebrand	M	30	Long Beach	CA	31	14:47	2:35	66	17:57	0:50	45	13:50	28	49:56
29	1/37	524	Jen Temperley	F	36	Manhattan Beach	CA	28	14:39	2:45	59	17:51	1:01	51	14:00	29	50:14
30	9/41	159	Martin Estrada	M	32	Los Angeles	CA	35	14:51	2:23	125	19:10	0:51	25	13:06	30	50:20
31	5/41	112	Jeffrey Thomas Corneliu	M	38	Aliso Viejo	CA	14	14:05	2:42	84	18:25	1:13	48	13:57	31	50:20
32	1/6	40	Michael Belcher	M	15	La Canada	CA	19	14:24	2:39	55	17:46	1:00	76	14:43	32	50:30
33	1/11	58	Doug Boswell	M	55	Redondo Beach	CA	30	14:42	3:06	49	17:31	1:32	55	14:09	33	50:56
34	1/14	365	Amanda Nauman	F	20	Mission Viejo	CA	9	13:24	2:48	57	17:48	1:37	135	15:32	34	51:07
35	3/29	29	Jaime Balboa	M	41	Los Angeles	CA	37	14:59	3:12	62	17:52	1:15	49	13:58	35	51:13
36	1/39	150	Erin Earlywine	F	28	Long Beach	CA	41	15:11	3:00	44	17:21	0:52	88	14:53	36	51:16
37	4/38	297	Trevor Charles Larson	M	28	Los Angeles	CA	57	16:06	3:04	87	18:27	0:41	22	13:00	37	51:17
38	2/6	39	David Belcher	M	15	La Canada	CA	21	14:25	2:47	69	18:03	1:07	105	15:09	38	51:29
39	6/34	76	Sean Browning	M	45	Temecula	CA	17	14:19	3:22	74	18:10	1:03	74	14:40	39	51:32
40	4/29	25	Don Bailey	M	44	Ladera Ranch	CA	52	15:51	3:02	78	18:15	1:17	28	13:14	40	51:37
41	5/38	357	Brandt Mori	M	28	Hawthorne	CA	64	16:30	3:23	26	16:35	1:01	58	14:13	41	51:40
42	10/41	180	Phil Garcia	M	34	Pomona	CA	97	17:26	3:15	34	17:03	0:55	27	13:13	42	51:49

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
43	11/41	579	Josh Wills	M	31	Manhattan Beach	CA	81	16:55	2:46	32	16:59	0:57	63	14:18	43	51:54
44	2/14	368	Andrew Nelson	M	21	Palos Verdes Estat	CA	15	14:13	3:26	155	19:45	1:02	43	13:48	44	52:12
45	3/6	239	Isaac Holbrook	M	15	Corona	CA	53	16:00	3:08	67	17:58	0:47	66	14:25	45	52:14
46	12/41	575	William Wickett	M	31	Lawndale	CA	116	17:57	2:11	25	16:32	0:55	91	14:57	46	52:30
47	7/34	55	Joe Bollinger	M	46	Palos Verdes Estat	CA	51	15:49	2:53	91	18:33	0:53	70	14:29	47	52:35
48	6/38	455	Grant Salisbury	M	28	Westlake Village	CA	24	14:28	4:42	68	18:01	0:53	72	14:35	48	52:37
49	7/38	437	Mike Roberto	M	28	Hermosa Beach	CA	13	13:54	3:34	202	20:36	1:02	39	13:39	49	52:43
50	6/41	278	Grant Kim	M	39	Manhattan Beach	CA	48	15:42	2:49	53	17:45	1:05	130	15:27	50	52:47

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51	3/14	607	Chris Tregarthen	M	23	Redondo Beach	CA	63	16:24	3:14	122	19:07	0:48	29	13:16	51	52:47
52	1/1	574	Patrick Wickens	M	68	Redondo Beach	CA	42	15:15	3:02	123	19:08	0:58	69	14:27	52	52:48
53	2/11	408	Rich Pfeiffer	M	56	Santa Ana	CA	80	16:55	3:05	47	17:27	0:46	73	14:38	53	52:48
54	5/29	111	Craig Cooper	M	43	Beverly Hills	CA	79	16:52	3:08	75	18:10	1:07	42	13:45	54	52:59
55	8/38	243	Max Hoshino	M	29	Redondo Beach	CA	29	14:40	3:28	104	18:49	1:27	90	14:55	55	53:16
56	4/14	108	Matthew Colville	M	24	Santa Monica	CA	39	15:05	3:04	111	18:56	1:19	102	15:06	56	53:27
57	2/39	417	Rachel Ragona	F	26	Manhattan Beach	CA	103	17:31	2:46	76	18:12	1:16	44	13:48	57	53:31
58	7/41	234	George Hillinger	M	35	Irvine	CA	120	18:06	3:00	39	17:12	1:13	53	14:04	58	53:33
59	2/37	447	Pescatori Rossella	F	38	Redondo Beach	CA	11	13:40	3:24	108	18:52	1:30	173	16:14	59	53:40
60	8/41	440	Johnny Rockit	M	39	Anaheim	CA	65	16:31	2:42	71	18:05	1:10	120	15:20	60	53:45
61	9/41	515	Gregory D. Sutherland	M	36	Imperial Beach	CA	50	15:44	3:21	46	17:23	1:37	151	15:45	61	53:48
62	10/41	358	Chris Morrissey	M	38	Long Beach	CA	152	19:04	2:29	65	17:56	1:22	30	13:21	62	54:09
63	13/41	416	Brook R Radcliffe	M	30	Palm Springs	CA	60	16:15	3:28	83	18:24	1:20	85	14:52	63	54:17
64	11/41	201	Adam Graves	M	38	Mar Vista	CA	99	17:26	3:07	50	17:31	0:58	117	15:18	64	54:19
65	12/41	500	Geo Snelling	M	38	Topanga	CA	94	17:15	4:06	33	17:03	1:41	62	14:17	65	54:20
66	14/41	485	Dan Sheerin	M	32	Playa Del Rey	CA	124	18:12	3:11	35	17:04	1:34	65	14:23	66	54:21
67	6/29	296	Giovani David Lampassi	M	41	West Hills	CA	108	17:39	3:15	48	17:28	1:14	86	14:52	67	54:26
68	9/38	590	Christopher John Young	M	29	San Pedro	CA	95	17:22	2:51	130	19:19	1:38	38	13:36	68	54:44
69	8/34	495	Garlin P Smith	M	45	Redondo Beach	CA	85	17:03	2:58	52	17:39	1:40	137	15:32	69	54:50
70	3/37	536	Kelly Clough Trudgen	F	38	Hermosa Beach	CA	77	16:51	3:24	116	19:03	1:19	61	14:16	70	54:51
71	7/29	238	Dave Holbrook	M	41	Corona	CA	122	18:09	2:55	45	17:22	1:08	121	15:20	71	54:52
72	4/37	235	Marisa Hillinger	F	35	Laguna Niguel	CA	126	18:14	2:54	58	17:49	1:01	93	14:59	72	54:55
73	4/15	218	Michael Thomas Hahn	M	52	Torrance	CA	106	17:38	4:01	40	17:14	1:17	84	14:48	73	54:55
74	10/38	338	Nat McCormick	M	28	Los Angeles	CA	132	18:24	3:01	105	18:49	1:13	37	13:32	74	54:57
75	5/14	221	Chris Hall	M	24	Newport Beach	CA	104	17:35	2:52	92	18:34	1:13	89	14:55	75	55:05
76	11/38	436	Andrew Robbins	M	27	Los Angeles	CA	130	18:20	3:22	138	19:33	0:50	23	13:04	76	55:06
77	15/41	126	Nathan Aaron Decker	M	31	Lahaina	HI	182	19:57	2:41	90	18:32	0:57	24	13:05	77	55:11
78	8/29	172	Alan Franz	M	41	Manhattan Beach	CA	155	19:18	3:45	36	17:04	0:58	56	14:09	78	55:11
79	3/39	44	Danielle Maria Berger	F	25	Redondo Beach	CA	59	16:15	3:08	166	19:53	1:17	75	14:41	79	55:11

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80	9/34	423	Nicolas Martens	M	46	Hermosa Beach	CA	96	17:25	3:13	54	17:46	1:27	124	15:23	80	55:12
81	10/34	558	Kirk Waldron	M	46	Westlake Village	CA	183	19:57	2:29	73	18:08	1:15	35	13:30	81	55:18
82	11/34	196	Rob Goldberg	M	46	Santa Monica	CA	167	19:38	3:31	21	16:11	1:18	79	14:44	82	55:20
83	12/34	337	Kevin Michael McCabe	M	48	Malibu	CA	102	17:28	3:12	85	18:26	1:08	108	15:10	83	55:21
84	1/11	133	Kerry Deputy	F	48	San Juan Capistran	CA	93	17:13	2:33	97	18:41	1:11	157	15:52	84	55:29
85	13/41	7	Nicola Albini	M	39	Santa Monica	CA	114	17:51	3:25	63	17:55	1:11	114	15:16	85	55:37
86	4/39	413	Heidi Prosser	F	29	Santa Monica	CA	112	17:43	2:48	96	18:39	1:02	138	15:33	86	55:43
87	12/38	132	Nick Denny	M	28	Manhattan Beach	CA	90	17:09	3:35	168	19:57	1:36	34	13:30	87	55:45
88	14/41	99	Barry Christman	M	39	Long Beach	CA	73	16:48	2:57	118	19:04	1:30	133	15:31	88	55:47
89	5/37	380	Elisa Nye	F	36	Redondo Beach	CA	45	15:31	3:23	181	20:13	1:07	159	15:53	89	56:05
90	5/15	478	Lamar Sepulveda	M	52	Los Angeles	CA	165	19:35	2:48	60	17:51	0:39	116	15:18	90	56:10
91	1/7	352	Stewart Scott Mims	M	62	Laguna Niguel	CA	56	16:04	13:05	2	10:44	1:31	83	14:48	91	56:11
92	3/11	493	Chester Smiley	M	55	Westlake Village	CA	62	16:22	3:50	77	18:15	2:08	143	15:40	92	56:13
93	15/41	618	Shawn Waco	M	38	Santa Monica	CA	251	22:06	2:57	31	16:57	2:08	13	12:22	93	56:28
94	9/29	329	Tim Martindale	M	44	Corona	CA	46	15:36	3:26	131	19:19	1:18	211	16:56	94	56:33
95	10/29	155	Jim Elfline	M	40	Redondo Beach	CA	105	17:35	4:10	79	18:16	1:41	94	14:59	95	56:39
96	4/11	232	Randy Hierbaum	M	55	Dana Point	CA	169	19:40	3:04	56	17:47	1:28	81	14:45	96	56:42
97	11/29	434	Joey Rivera	M	42	Hermosa Beach	CA	123	18:10	3:13	189	20:23	0:57	52	14:03	97	56:43
98	13/38	16	Anthony Angelo	M	26	Toluca Lake	CA	151	19:02	3:05	98	18:42	0:55	109	15:11	98	56:53
99	13/34	540	Jim Tyler	M	49	Seal Beach	CA	229	21:24	2:49	38	17:10	1:20	68	14:26	99	57:08
100	16/41	62	Reid Brackin	M	36	Manhattan Beach	CA	74	16:48	3:56	143	19:35	1:29	139	15:33	100	57:18

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101	14/38	250	Simon J Hunter	M	29	Los Angeles	CA	135	18:28	3:03	95	18:36	1:18	162	15:56	101	57:19
102	16/41	52	Christopher Bird	M	34	Los Angeles	CA	140	18:41	3:17	82	18:23	1:22	142	15:39	102	57:20
103	6/15	379	Roger Nurnberger	M	51	Marina Del Rey	CA	184	19:59	2:51	72	18:06	1:08	118	15:19	103	57:21
104	5/39	720	Heather Brown	F	25	Palmdale	CA	363	27:32	3:35	4	11:38	1:21	32	13:22	104	57:27
105	15/38	581	Zach Wills	M	26	San Clemente	CA	84	17:02	3:39	172	20:01	1:01	153	15:48	105	57:29
106	7/15	616	Anthony Maggio	M	51	Harbor City	CA	66	16:31	2:57	93	18:35	1:10	272	18:19	106	57:30
107	17/41	281	Brian Kennedy Kingsbury	M	34	Redondo Beach	CA	78	16:51	4:18	119	19:05	1:45	141	15:35	107	57:32
108	5/11	311	Carlos Lluch	M	57	Malibu	CA	175	19:49	3:30	81	18:20	1:17	77	14:43	108	57:38
109	1/26	738	Brianna C Foulds	F	30	Redondo Beach	CA	72	16:47	4:42	186	20:17	0:47	104	15:08	109	57:40
110	17/41	280	Edward King	M	35	Manhattan Beach	CA	92	17:13	3:56	245	21:31	0:56	60	14:16	110	57:50
111	6/14	626	Jonathan White	M	24			101	17:27	4:02	109	18:54	1:28	168	16:11	111	57:59
112	18/41	533	John M. Trapani	M	30	Seal Beach	CA	110	17:41	3:53	216	21:00	1:24	54	14:06	112	58:01
113	19/41	625	Stephan Burton	M	31			136	18:33	4:49	132	19:22	0:51	71	14:33	113	58:06

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Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
114	6/11	784	David Terpening	M	57	Torrance	CA	170	19:42	3:08	43	17:17	1:12	206	16:52	114	58:08
115	6/37	118	Robin Coxe	F	36	Los Angeles	CA	91	17:09	3:49	153	19:44	1:24	174	16:14	115	58:18
116	12/29	283	Matthew Scott Kisser	M	41	Signal Hill	CA							134	15:32	116	58:19
117	13/29	520	Mike Tarnay	M	42	Manhattan Beach	CA	47	15:41	5:01	110	18:55	2:00	205	16:51	117	58:26
118	6/39	401	Rio Pennington	F	26	San Juan Capistran	CA	220	21:08	6:11	3	11:21	1:17	286	18:33	118	58:28
119	7/14	3	Bryce Affeldt	M	20	Corona	CA	55	16:01	3:56	298	22:40	1:01	95	14:59	119	58:36
120	14/29	177	Christopher Robert Gagl	M	41	Redondo Beach	CA	246	21:57	3:46	30	16:55	1:02	92	14:58	120	58:36
121	14/34	265	Dan Jordan	M	49	Redondo Beach	CA	22	14:27	4:14	99	18:42	2:26	301	18:51	121	58:38
122	16/38	458	Adam John Sanchez	M	26	Long Beach	CA	82	17:00	3:43	244	21:31	1:36	87	14:53	122	58:40
123	8/15	139	Davidi Dosk	M	50	Torrance	CA	148	18:55	4:05	146	19:36	1:26	78	14:43	123	58:43
124	18/41	290	Leonard Frank Kurp	M	38	Long Beach	CA	49	15:44	3:39	141	19:34	1:27	280	18:24	124	58:46
125	2/26	188	Stephanie Gibson	F	31	Newport Beach	CA	118	17:59	3:01	204	20:38	0:57	175	16:15	125	58:46
126	7/39	119	Lea Crosetti	F	28	Playa Del Rey	CA	68	16:46	4:31	135	19:27	1:56	186	16:28	126	59:06
127	20/41	113	Kevin Corrinet	M	30	Culver City	CA	252	22:06	2:56	144	19:35	1:05	36	13:31	127	59:11
128	17/38	456	Ian Matthew Salisbury	M	27	Torrance	CA	189	20:12	3:58	176	20:10	0:49	57	14:09	128	59:17
129	15/34	22	Barry Steven Assadi	M	47	Redondo Beach	CA	139	18:38	3:22	147	19:37	1:19	185	16:28	129	59:22
130	3/5	386	Joseph A. Ochoa	M	17	North Hollywood	CA	290	23:47	3:29	101	18:44	0:42	17	12:45	130	59:25
131	21/41	494	Chris Smith	M	33	Playa Del Rey	CA	98	17:26	4:45	211	20:55	1:04	119	15:19	131	59:27
132	16/34	451	Martin Ryan	M	45	Los Angeles	CA	70	16:47	3:42	206	20:39	1:30	216	17:04	132	59:39
133	19/41	309	Tryon Liesy	M	35	Torrance	CA	131	18:22	3:26	180	20:13	1:40	165	16:03	133	59:42
134	20/41	212	Scott Gruwell	M	35	Phoenix	AZ	117	17:59	4:18	128	19:16	1:32	203	16:50	134	59:52
135	21/41	381	Ted O'Connell	M	37	Woodland Hills	CA	147	18:53	3:48	136	19:30	1:36	169	16:12	135	59:57
136	22/41	475	Ted Scott	M	38	Hermosa Beach	CA	231	21:27	4:33	103	18:48	1:51	33	13:23	136	1:00:00
137	7/37	160	Ruby Lee Evans	F	38	Redondo Beach	CA	209	20:58	3:34	51	17:32	1:35	183	16:26	137	1:00:02
138	15/29	622	Greg Coughlin	M	42			128	18:16	4:38	126	19:11	1:06	208	16:54	138	1:00:03
139	2/14	507	Kendall Starkman	F	20	Los Angeles	CA	43	15:16	3:23	208	20:47	0:58	334	19:46	139	1:00:07
140	23/41	355	Franck Montvuagnard	M	37	Redondo Beach	CA	213	21:01	3:01	115	18:58	1:17	160	15:54	140	1:00:08
141	22/41	230	Matt Hermes	M	32	Manhattan Beach	CA	207	20:56	3:49	124	19:08	1:14	103	15:07	141	1:00:13
142	3/26	469	Kristen Estelle Schneck	F	31	Hermosa Beach	CA	142	18:44	3:34	178	20:12	1:52	164	16:00	142	1:00:20
143	1/16	503	Christine Solomon	F	44	Hermosa Beach	CA	100	17:27	4:12	193	20:30	1:52	180	16:23	143	1:00:21
144	9/15	526	Pat Theodora	M	51	Palos Verdes Estat	CA	69	16:46	4:21	139	19:33	1:57	260	17:48	144	1:00:24
145	7/11	81	Russel Caflisch	M	55	Manhattan Beach	CA	205	20:52	3:59	94	18:36	1:21	144	15:41	145	1:00:26
146	23/41	553	Arturo Vivar	M	30	Santa Ana	CA	238	21:38	3:35	151	19:43	1:19	64	14:21	146	1:00:33
147	24/41	543	Torey Robert Utterback	M	33	Chino	CA	54	16:00	4:33	249	21:34	1:14	242	17:33	147	1:00:52
148	8/11	620	Richard Johns	M	55	Temecula	CA	162	19:34	4:11	89	18:32	1:35	215	17:03	148	1:00:53
149	4/26	426	Kristi Dawn Reed	F	33	Hermosa Beach	CA	192	20:18	4:20	217	21:00	1:20	50	13:59	149	1:00:55
150	8/14	255	Brett D Jacobs	M	23	Lancaster	CA	75	16:48	3:38	223	21:05	2:14	231	17:17	150	1:01:02

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OVERALL RESULTS INDIVIDUALS

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
151	17/34	18	Glenn Arabori	M	45	Torrance	CA	255	22:12	3:33	70	18:03	1:48	132	15:30	151	1:01:03
152	24/41	394	Ryan J Ozar	M	36	Culver City	CA	203	20:48	3:42	137	19:30	1:29	145	15:41	152	1:01:09
153	18/34	348	Duane Leer	M	45	Los Angeles	CA	115	17:54	6:02	174	20:07	1:37	140	15:34	153	1:01:13
154	25/41	796	Fabio Necco	M	38	Manhattan Beach	CA	245	21:56	3:26	107	18:52	1:18	147	15:42	154	1:01:13
155	1/2	300	Raquel Ledezma-Haight	F	15	Los Angeles	CA	76	16:50	3:56	289	22:33	0:54	224	17:08	155	1:01:20
156	1/13	615	Nancy Maggio	F	50	Harbor City	CA	157	19:26	3:26	179	20:12	1:14	217	17:04	156	1:01:21
157	9/14	595	John M Zalewski	M	24	Redondo Beach	CA	172	19:43	4:54	145	19:35	2:04	112	15:12	157	1:01:27
158	2/16	405	Laura Ann Peters	F	40	Rancho Santa Marga	AS	40	15:07	4:08	251	21:35	1:31	314	19:13	158	1:01:31
159	2/11	117	Chris Cox	F	49	Huntington Beach	CA	129	18:19	3:29	218	21:02	1:06	249	17:39	159	1:01:33
160	26/41	222	Eric Steven Hall	M	35	Long Beach	CA	133	18:25	3:46	165	19:51	1:16	271	18:19	160	1:01:35
161	8/37	174	Jill Miller Froebe	F	39	El Segundo	CA	221	21:08	4:46	161	19:49	1:31	67	14:26	161	1:01:38
162	8/39	82	Courtney Cambra	F	25	Redondo Beach	CA	223	21:12	4:44	184	20:16	1:01	82	14:45	162	1:01:56
163	25/41	487	Matt Shumway	M	31	Los Angeles	CA	144	18:45	4:04	121	19:06	2:05	264	17:59	163	1:01:58
164	18/38	184	Jason Gates	M	29	San Pedro	CA	226	21:20	4:29	225	21:07	0:56	59	14:14	164	1:02:04
165	9/39	145	Anna Danielle Duran	F	27	Los Angeles	CA	158	19:28	4:02	149	19:39	1:56	225	17:09	165	1:02:13
166	19/34	152	David Mark Eichelberger	M	49	Irvine	CA	219	21:06	3:45	117	19:04	1:33	199	16:48	166	1:02:15
167	4/6	71	Joe Brigantino	M	16	Salinas	CA	237	21:37	3:21	236	21:19	0:52	111	15:12	167	1:02:19
168	20/34	557	Kirk Waldorf	M	46	Tustin	CA	171	19:42	4:06	158	19:47	1:33	230	17:17	168	1:02:24
169	9/37	418	Yvette Ralph	F	35	Hermosa Beach	CA	127	18:15	3:36	304	22:52	0:58	200	16:49	169	1:02:28
170	26/41	138	Ben Diachun	M	34	Lancaster	CA	149	18:56	4:32	201	20:35	1:39	201	16:50	170	1:02:30
171	3/16	410	Maria Piechocki	F	44	Long Beach	CA	176	19:51	3:30	198	20:34	1:23	229	17:15	171	1:02:31
172	2/7	252	Leonard Imada	M	60	Los Angeles	CA	216	21:05	3:02	140	19:34	1:12	252	17:41	172	1:02:32
173	10/39	556	Lauren Wagman	F	26	Manhattan Beach	CA	88	17:05	3:43	270	22:06	1:57	259	17:47	173	1:02:37
174	16/29	327	Walter Max Marsh	M	41	South Pasadena	CA	215	21:02	4:03	133	19:23	1:45	184	16:26	174	1:02:37
175	21/34	190	William Gilmore	M	46	Los Angeles	CA	186	20:03	5:07	188	20:22	1:19	152	15:48	175	1:02:38
176	22/34	542	John J Uribe	M	46	Los Angeles	CA	202	20:47	3:53	152	19:43	1:27	207	16:53	176	1:02:42
177	27/41	596	Anthony Zaller	M	33	La	CA	191	20:16	4:17	185	20:17	1:40	177	16:18	177	1:02:46
178	23/34	41	Emmanuel Belviz	M	45	Los Angeles	CA	210	20:58	3:38	237	21:21	1:39	115	15:16	178	1:02:51
179	9/11	136	Greg Dewey	M	57	Claremont	CA	241	21:40	3:58	148	19:37	1:57	149	15:44	179	1:02:54
180	3/14	310	Catherine Lima	F	24	San Dimas	CA	113	17:44	4:10	281	22:14	2:17	193	16:39	180	1:03:01
181	19/38	36	Jaime Bautista Jr.	M	29	Carson	CA	71	16:47	5:56	252	21:36	2:00	197	16:45	181	1:03:02
182	27/41	454	Gerardo Salcedo	M	38	South Gate	CA	89	17:06	4:35	325	23:33	1:03	202	16:50	182	1:03:05
183	5/26	444	Suzanne Rosales	F	34	El Segundo	CA	181	19:56	3:38	273	22:07	0:54	189	16:34	183	1:03:08
184	24/34	335	John Curran Masterson	M	49	Santa Monica	CA	86	17:03	4:17	267	21:56	2:11	257	17:44	184	1:03:10
185	20/38	373	Richard Nguyen	M	28	Reseda	CA	279	22:55	4:19	113	18:57	1:47	123	15:23	185	1:03:19
186	4/14	195	Alexis Lauren Gold	F	22	Agoura Hills	CA	159	19:29	3:27	262	21:48	0:49	261	17:48	186	1:03:19
187	11/39	97	Peggy Chin	F	29	Whittier	CA	265	22:29	4:01	127	19:11	1:26	176	16:16	187	1:03:21
188	1/2	421	Anna Rasmussen	F	19	Pacific Palisades	CA	109	17:40	6:06	191	20:27	1:34	253	17:42	188	1:03:28
189	5/14	422	Karen Rasmussen	F	21	Pacific Palisades	CA	107	17:39	6:08	190	20:27	1:34	254	17:42	189	1:03:28
190	6/26	270	Susan Kaldis	F	30	Santa Monica	CA	198	20:43	3:26	175	20:08	0:59	270	18:17	190	1:03:31

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
191	28/41	534	Gerardo Trejo	M	35	Los Angeles	CA	200	20:46	5:06	240	21:27	1:12	99	15:04	191	1:03:32
192	28/41	30	Brennan Mitchell Nacol	M	30	Marina Del Rey	CA	190	20:14	4:35	200	20:35	2:08	167	16:10	192	1:03:39
193	6/14	137	Anureet Dhaliwal	F	22	Downey	CA	208	20:57	3:56	254	21:39	0:50	181	16:25	193	1:03:44
194	12/39	293	Ann Lam	F	28	Los Angeles	CA	197	20:40	3:53	234	21:15	1:49	179	16:19	194	1:03:54
195	21/38	594	Christopher Zabaneh	M	26	Los Angeles	CA	185	20:00	5:12	250	21:35	1:08	166	16:07	195	1:04:00
196	10/15	366	James Nauman	M	53	Mission Viejo	CA	204	20:48	4:55	164	19:51	1:21	227	17:11	196	1:04:04
197	13/39	207	Wendy Grimaldomunua	F	28	Stanton	CA	230	21:26	4:06	279	22:13	0:54	131	15:27	197	1:04:05
198	29/41	409	Stephen Philp	M	35	Redondo Beach	CA	180	19:56	5:25	205	20:39	1:20	198	16:48	198	1:04:07
199	29/41	183	Chris Damian Gateas	M	32	Torrance	CA	227	21:21	3:48	276	22:09	0:59	158	15:53	199	1:04:09
200	30/41	251	Robert Hyer	M	39	Torrance	CA	141	18:42	5:09	227	21:08	1:56	236	17:24	200	1:04:16

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Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
201	11/15	446	Kirk Rossberg	M	52	Torrance	CA	164	19:35	5:12	228	21:08	0:56	243	17:35	201	1:04:25
202	14/39	387	Virginia Okey	F	29	Hermosa Beach	CA				301	22:47	0:50	97	15:02	202	1:04:26
203	17/29	307	Andrew Libuser	M	40	Redondo Beach	CA	275	22:47	4:33	169	19:58	1:01	170	16:12	203	1:04:29
204	2/13	509	Tina Steck	F	51	Manhattan Beach	CA	168	19:40	4:14	287	22:32	1:42	182	16:26	204	1:04:32
205	10/37	50	Kimberlee Marvil Bicker	F	35	Culver City	CA	143	18:45	3:43	212	20:55	1:09	343	20:03	205	1:04:33
206	10/11	510	Michael Stevens	M	56	Manhattan Beach	CA	134	18:26	5:20	160	19:48	1:33	320	19:28	206	1:04:34
207	30/41	354	Scott Mizufuka	M	32	Long Beach	CA	240	21:40	3:47	317	23:15	1:17	106	15:09	207	1:05:06
208	15/39	457	Dawn Salvatore	F	28	Redondo Beach	CA	160	19:31	3:54	299	22:43	1:33	239	17:28	208	1:05:07
209	31/41	64	Steve Brackmann	M	37	Huntington Beach	CA	145	18:48	5:15	173	20:03	2:17	302	18:52	209	1:05:12
210	7/14	568	Alexandra Wendt	F	24	Hermosa Beach	CA	174	19:49	5:27	219	21:03	1:39	232	17:18	210	1:05:14
211	25/34	228	Theodore Headen	M	46	Long Beach	CA	294	23:49	4:14	112	18:56	1:38	195	16:45	211	1:05:19
212	22/38	363	Michael Thomas Munoz	M	26	Whittier	CA	187	20:08	6:59	199	20:34	1:53	155	15:49	212	1:05:21
213	32/41	10	Camilo Alvarez	M	35	Los Angeles	CA	235	21:32					210	16:56	213	1:05:22
214	2/2	83	Kylie Campos	F	15	Northridge	CA	257	22:15	5:08	253	21:37	0:49	148	15:42	214	1:05:29
215	12/15	463	Ron Satow	M	54	Hermosa Beach	CA	225	21:16	3:31	220	21:04	1:21	273	18:20	215	1:05:30
216	33/41	208	Jason M Groom	M	38	Huntington Beach	CA	282	23:13	4:05	102	18:45	1:56	246	17:37	216	1:05:34
217	3/11	301	Alison Lee	F	49	Redondo Beach	CA	83	17:01	4:40	302	22:50	1:18	340	19:53	217	1:05:40
218	4/5	525	London Theodora	M	17	Palos Verdes Estat	CA	153	19:06	5:41	120	19:05	1:08	358	20:46	218	1:05:44
219	10/14	54	Chase Boberg	M	20	Valley Center	CA	329	25:32	3:55	157	19:46	1:40	107	15:10	219	1:06:01
220	26/34	176	Joseph M Gabriel	M	49	Los Angeles	CA	263	22:23	4:53	235	21:16	1:43	161	15:55	220	1:06:08
221	23/38	217	William Ha	M	27	Hawthorne	CA	335	25:56	4:05	80	18:18	2:09	146	15:42	221	1:06:08
222	18/29	321	Bogdan Madzar	M	43	Santa Monica	CA	194	20:35	6:11	209	20:52	1:19	234	17:20	222	1:06:16
223	11/37	46	Jennifer Berlinger	F	37	Manhattan Beach	CA	166	19:36	4:09	243	21:30	0:54	348	20:10	223	1:06:16
224	27/34	569	Dale Wheeler	M	46	Newhall	CA	161	19:34	4:21	106	18:49	1:44	372	21:50	224	1:06:16

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225	24/38	269	Taka Kaguma	M	29	Gardena	CA	260	22:19	5:18	162	19:49	1:33	237	17:24	225	1:06:22
226	3/13	135	Cindy Dewey	F	52	Claremont	CA	304	24:11	3:24	177	20:11	1:28	228	17:13	226	1:06:25
227	8/14	43	Brianne Bennett	F	23	Diamond Bar	CA	222	21:10	4:37	183	20:15	1:38	303	18:54	227	1:06:32
228	11/14	396	Eric Pai	M	24	Rowland Heights	CA	247	22:01	5:13	233	21:11	1:01	226	17:10	228	1:06:33
229	25/38	347	Cesar Mendoza	M	28	Inglewood	CA	292	23:48	4:49	134	19:23	2:06	188	16:33	229	1:06:37
230	34/41	45	Jason Berlinger	M	37	Manhattan Beach	CA	177	19:52	5:12	226	21:08	1:40	299	18:48	230	1:06:37
231	7/26	284	Stephanie Klein	F	34	Rancho Palos Verde	CA	340	26:04	3:26	154	19:45	1:36	156	15:52	231	1:06:42
232	9/14	157	Lauren Ernst	F	23	Los Angeles	CA	188	20:11	3:54	258	21:44	1:21	337	19:49	232	1:06:57
233	26/38	275	Alistair Oliver Khaless	M	28	Los Angeles	CA	87	17:04	6:11	275	22:08	1:51	336	19:46	233	1:06:58
234	35/41	474	Eric Scott	M	36	Westchester	CA	287	23:24	3:29	159	19:48	1:09	313	19:12	234	1:06:59
235	16/39	391	Melissa Oshiro	F	28	Long Beach	CA	322	25:15	3:21	255	21:40	1:33	113	15:14	235	1:07:01
236	17/39	14	Alicia Andrade	F	25	La	CA	199	20:45	5:31	316	23:04	1:01	194	16:42	236	1:07:01
237	31/41	496	Matthew Smith	M	30	Los Angeles	CA	280	23:05	4:58	300	22:44	1:10	110	15:11	237	1:07:06
238	19/29	399	Richard Jean Pariseau	M	44	Hermosa Beach	CA	233	21:29	5:45	266	21:56	1:18	196	16:45	238	1:07:11
239	12/14	591	Stephen Yu	M	21	Fullerton	CA	138	18:38	6:28	271	22:06	1:26	288	18:36	239	1:07:12
240	27/38	191	Brent Allen Girtman	M	27	North Hollywood	CA	239	21:39	4:21	324	23:32	1:04	192	16:39	240	1:07:13
241	4/11	445	Ellen Lee Rosenberg	F	46	Manhattan Beach	CA	212	21:00	4:23	309	22:57	1:14	255	17:43	241	1:07:14
242	3/7	471	Bill Schubert	M	63	Huntington Beach	CA	224	21:13	3:41	274	22:08	1:32	297	18:46	242	1:07:19
243	28/34	286	Andy Kopito	M	45	Torrance	CA	285	23:18	4:22	230	21:09	2:00	191	16:38	243	1:07:25
244	20/29	170	Michael John Fosselman	M	43	Glendora	CA	281	23:12	4:01	100	18:43	2:27	307	19:06	244	1:07:27
245	18/39	323	Stephanie Lynne Manda	F	26	Torrance	CA	276	22:51	3:46	214	20:56	1:21	290	18:39	245	1:07:30
246	11/11	576	Jeff Widmann	M	55	Redondo Beach	CA	193	20:18	5:14	150	19:41	2:18	345	20:04	246	1:07:33
247	5/5	27	Joshua Bailey	M	17	Ladera Ranch	CA	352	26:42	3:27	61	17:52	0:50	295	18:44	247	1:07:33
248	28/38	610	Alan Villanueva	M	26	Torrance	CA	253	22:08	6:05	170	19:59	1:42	256	17:44	248	1:07:36
249	10/14	262	Carly Rose Jones	F	23	Los Angeles	CA	242	21:44	4:22	246	21:33	1:12	298	18:47	249	1:07:37
250	29/38	532	Andrew D Trandall	M	27	Redondo Beach	CA	311	24:45	5:18	232	21:11	1:04	126	15:25	250	1:07:41

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251	32/41	96	Allen Chin	M	30	Monterey Park	CA	337	26:00	4:39	195	20:31	1:31	98	15:03	251	1:07:42
252	11/14	134	Gwendolyn Rose Derk	F	21	Thousand Oaks	CA	306	24:22	5:34	192	20:28	2:01	128	15:25	252	1:07:48
253	30/38	479	Lorenzo Servitje	M	26	Palm Desert	CA	228	21:22	4:36	293	22:35	1:56	235	17:21	253	1:07:49
254	36/41	611	Matthew Snyder	M	36	Fullerton	CA	370	27:48	4:10	187	20:20	0:57	80	14:44	254	1:07:58
255	19/39	193	Heather Gliniak	F	26	Long Beach	CA	201	20:46	6:20	264	21:55	1:26	247	17:38	255	1:08:03
256	21/29	187	Jason Gertler	M	40	Redondo Beach	CA	249	22:05	5:06	295	22:38	1:22	214	16:59	256	1:08:07
257	13/15	173	Mark Fremgen	M	51	Cerritos	CA	264	22:25	5:42	221	21:04	1:20	248	17:38	257	1:08:07
258	37/41	285	Robert Kleinpaste	M	37	Oceanside	CA	375	28:11	4:24	86	18:27	1:24	150	15:44	258	1:08:08

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Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
259	22/29	364	Rod Naka	M	43	Redondo Beach	CA	214	21:01	5:20	213	20:56	1:28	327	19:35	259	1:08:17
260	8/26	570	Renee Lynne Wheeler	F	32	Newhall	CA	236	21:35	4:50	286	22:31	0:55	282	18:27	260	1:08:17
261	12/37	559	Wendy Warren	F	36	Manhattan Beach	CA	299	24:06	4:48	265	21:56	1:17	172	16:13	261	1:08:18
262	13/37	339	Marty Jo McGrath	F	39	Redondo Beach	CA	250	22:06	5:08	259	21:45	1:06	276	18:21	262	1:08:23
263	4/13	61	Karen Bovee	F	52	Topanga	CA	284	23:18	4:04	231	21:10	1:29	285	18:33	263	1:08:31
264	4/7	537	Jan Tunnicliff	M	60	Long Beach	AA	243	21:45	5:53	129	19:18	3:03	289	18:36	264	1:08:33
265	4/16	166	Marianne Fitzpatrick	F	43	Manhattan Beach	CA	244	21:55	3:41	367	25:38	0:55	187	16:29	265	1:08:36
266	20/39	5	Katherine Michelle Ahle	F	26	Harbor City	CA	211	20:59	5:19	296	22:38	1:28	275	18:20	266	1:08:42
267	1/7	33	Nancy Barnett	F	56	Palos Verdes Estat	CA	232	21:28	5:31	242	21:29	2:19	266	18:05	267	1:08:50
268	12/14	375	Leila Noetzli	F	24	Redondo Beach	CA	325	25:19	5:12	224	21:06	1:04	171	16:13	268	1:08:53
269	29/34	624	George Atarr	M	47			296	23:54	4:24	171	20:00	1:30	309	19:08	269	1:08:54
270	5/16	53	Kim Blum	F	41	Manhattan Beach	CA	309	24:40	3:48	248	21:34	1:50	221	17:08	270	1:08:58
271	38/41	512	Pierre Olivier Stooss	M	37	Venice	CA	195	20:38	6:32	247	21:33	3:09	223	17:08	271	1:08:58
272	9/26	302	Katherine B Lee	F	32	Laguna Hills	CA	295	23:54	4:41	277	22:12	1:29	204	16:50	272	1:09:03
273	14/15	78	Willis John Bryan	M	52	Manhattan Beach	CA	270	22:35	5:04	284	22:28	1:29	240	17:30	273	1:09:04
274	13/14	795	Mary Lindberg	F	21	Hermosa Beach	CA	283	23:15	3:35	330	23:37	1:32	222	17:08	274	1:09:04
275	14/37	518	Susan Tahir	F	35	Santa Monica	CA	272	22:45	5:03	278	22:12	2:12	212	16:57	275	1:09:06
276	10/26	313	Karla Lopez	F	34	Northridge	CA	259	22:16	5:07	268	21:59	1:27	278	18:22	276	1:09:10
277	14/14	482	Jennifer Shaw	F	24	N Hollywood	CA	150	19:00	5:08	310	22:57	1:38	351	20:32	277	1:09:13
278	33/41	211	Theodore Robert Grunt	M	32	Santee	CA	319	25:04	4:28	163	19:50	1:39	268	18:15	278	1:09:15
279	34/41	564	Jason Weddingfeld	M	33	Portola Hills	CA	364	27:37	4:29	203	20:37	1:31	100	15:04	279	1:09:16
280	21/39	143	Brigitte Dumouchel	F	29	Redondo Beach	CA	266	22:29	7:48	305	22:53	1:12	96	15:00	280	1:09:19
281	2/7	147	Terry Dykshorn	F	55	Scottsdale	AZ	277	22:51	4:28	256	21:44	1:41	293	18:42	281	1:09:24
282	15/15	226	Michael David Hartle	M	54	Fort Irwin	CA	341	26:12	5:32	194	20:30	1:59	122	15:21	282	1:09:33
283	5/13	186	Cheryl F Gertler	F	52	Los Angeles	CA	173	19:48	4:51	332	23:40	1:46	331	19:38	283	1:09:41
284	35/41	24	John Aylward	M	34	Los Angeles	CA	254	22:11	6:24	238	21:23	2:16	241	17:30	284	1:09:42
285	22/39	127	Jill Deetjen	F	26	Huntington Beach	CA	196	20:38	5:14	320	23:21	1:23	312	19:12	285	1:09:47
286	23/39	210	Melissa Christine Grunt	F	28	Santee	CA	179	19:56	5:47	340	24:01	1:02	308	19:08	286	1:09:52
287	30/34	333	Shaun A. Mason	M	48	Los Angeles	CA	355	26:50	4:31	182	20:15	1:20	218	17:05	287	1:09:58
288	6/13	219	Cathy Haight	F	52	Los Angeles	CA	146	18:51	5:38	349	24:31	1:02	344	20:03	288	1:10:04
289	24/39	330	Gia Jennifer Martinez	F	26	Redondo Beach	CA	326	25:21	3:43	239	21:26	1:54	258	17:46	289	1:10:09
290	13/14	529	Weston Titus	M	20	Oceanside	CA	330	25:39	4:21	229	21:09	1:34	250	17:40	290	1:10:21
291	11/26	123	Kate Daniell	F	32	Redondo Beach	CA	154	19:16	6:24	197	20:34	1:30	381	22:42	291	1:10:25
292	15/37	600	Holly Muller	F	35	Los Angeles	CA	288	23:31	4:28	261	21:46	1:10	326	19:34	292	1:10:27
293	3/7	341	Laurie Elizabeth McLenn	F	57	Salinas	CA	302	24:08	3:54	269	22:01	1:26	306	19:05	293	1:10:33
294	5/6	101	Jacob Robert Cisneros	M	16	Redondo Beach	CA	119	18:02	4:51	347	24:23	2:07	369	21:20	294	1:10:42
295	5/7	432	Stephen L Rishoff	M	60	Agoura Hills	CA	217	21:05	4:34	257	21:44	1:42	373	21:55	295	1:10:58
296	16/37	501	Allison Snider	F	35	Manhattan Beach	CA	353	26:43	4:10	222	21:05	2:01	219	17:07	296	1:11:03
297	31/38	367	Scott J Neithercut	M	28	Los Angeles	CA	336	25:58	4:56	167	19:55	1:38	292	18:41	297	1:11:06
298	6/16	377	Pam Noritake	F	40	Diamond Bar	CA	271	22:43	5:23	291	22:34	1:46	296	18:45	298	1:11:08
299	25/39	317	Holly Bridget Lutzi	F	29	Newport Beach	CA				323	23:32	1:35	311	19:11	299	1:11:28
300	5/11	267	Rebecca Ann Jusino	F	45	Camarillo	CA	291	23:48	5:39	260	21:46	3:23	209	16:55	300	1:11:28

22:22:16 06/15/2009

Sprint
 1/2mi Swim, 6mi Bike, 2mi Run
 Race Scored by Golden State Timing
 06/14/2009

OVERALL RESULTS INDIVIDUALS

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
301	17/37	271	Kari Kalinsky	F	35	Santa Monica	CA	121	18:08	6:32	354	24:43	2:31	330	19:37	301	1:11:29
302	7/16	505	Krista Ashlie Spina	F	42	Long Beach	CA	206	20:53	4:14	338	23:55	1:44	360	20:49	302	1:11:33
303	39/41	121	Gregg Dalby	M	38	Torrance	CA	368	27:45	4:52	290	22:33	1:08	136	15:32	303	1:11:48
304	18/37	489	Cheryl Lynn Siler	F	38	Torrance	CA	137	18:36	4:46	308	22:56	2:21	390	23:17	304	1:11:54
305	26/39	412	Elizabeth Price	F	29	Los Angeles	CA	156	19:19	4:45	343	24:08	0:47	388	23:05	305	1:12:02
306	12/26	419	Daisy Ramirez	F	30	Irvine	CA	305	24:13	4:31	315	23:03	1:27	300	18:50	306	1:12:03
307	31/34	369	Jeff Nelson	M	46	Oxnard	CA	256	22:14	5:07	263	21:50	1:01	375	21:56	307	1:12:07
308	7/13	481	Mimi Shaps	F	53	Paradise Valley	AZ	338	26:00	4:09	210	20:53	1:59	316	19:15	308	1:12:14
309	23/29	31	Marvin Bantugan	M	44	San Pedro	CA	366	27:38	4:32	142	19:34	2:06	287	18:35	309	1:12:24
310	8/16	390	Melissa Orr	F	43	Manhattan Beach	CA	339	26:04	3:56	346	24:17	0:50	233	17:20	310	1:12:25
311	36/41	149	Matthew Eanet	M	31	Los Angeles	CA	346	26:23	4:12	272	22:06	2:01	263	17:59	311	1:12:39
312	1/3	359	Carol Mortier	F	60	Venice	CA	316	24:55	6:42	207	20:43	2:02	281	18:26	312	1:12:46
313	32/34	548	Lars Viklund	M	45	Redondo Beach	CA	163	19:35	5:13	386	27:39	0:59	323	19:33	313	1:12:57
314	13/26	539	Kelly Twohy	F	30	Manhattan Beach	CA	273	22:46	4:23	364	25:18	1:15	325	19:34	314	1:13:14
315	27/39	9	Rosalva Almazan	F	25	Altadena	CA	262	22:20	5:02	336	23:52	1:21	356	20:43	315	1:13:16
316	19/37	92	Ruth Cebreros	F	35	Lomita	CA	310	24:43	6:41	312	23:02	1:14	251	17:40	316	1:13:18
317	4/7	351	Nancy J Miller	F	59	Manhattan Beach	CA	318	25:04	6:15	341	24:01	1:21	213	16:58	317	1:13:37
318	37/41	202	Craig Greager Ii	M	32	North Hollywood	CA	351	26:34	7:42	285	22:28	1:40	129	15:26	318	1:13:48
319	6/11	473	Cynthia Ann Scott	F	47	Topanga	CA	317	24:59	5:14	331	23:40	1:57	265	18:04	319	1:13:53
320	38/41	332	Tamar Martinez	M	33	Los Angeles	CA	327	25:23	4:44	333	23:43	1:51	269	18:17	320	1:13:56
321	24/29	376	Frank Nogales	M	40	La Mirada	CA	387	29:37	3:36	241	21:28	1:44	244	17:36	321	1:13:59
322	28/39	74	Cynthia Brown	F	28	Santa Monica	CA	312	24:48	4:58	283	22:27	1:43	349	20:14	322	1:14:07
323	20/37	85	Julie Carew	F	35	Manhattan Beach	CA	298	24:02	6:16	319	23:19	1:41	317	19:18	323	1:14:33
324	29/39	13	Jamie Anderson	F	26	Playa Del Rey	CA	315	24:54	4:49	318	23:16	0:59	363	21:02	324	1:14:58
325	25/29	129	James Jacob Dela Cruz	M	42	Santee	CA	380	28:39	5:03	321	23:23	1:30	190	16:34	325	1:15:08
326	14/26	452	Vanessa Mayesh Rydquist	F	31	Los Angeles	CA	303	24:09	4:19	311	23:00	1:32	379	22:14	326	1:15:12
327	26/29	582	James Wong	M	41	Irvine	CA	371	27:49	5:33	280	22:13	1:10	283	18:30	327	1:15:12
328	39/41	206	Fernando Omar Grimaldo	M	33	Stanton	CA	267	22:30	4:17	288	22:33	1:14	400	24:50	328	1:15:21
329	21/37	362	Alberta Paula Muller	F	35	Newport Beach	CA	382	28:46	5:07	359	24:59	1:09	127	15:25	329	1:15:24
330	22/37	583	Sharon Wood	F	36	San Pedro	CA	261	22:20	6:39	339	23:56	2:47	335	19:46	330	1:15:25
331	8/13	424	Laurie Rasmussen	F	53	Pacific Palisades	CA				353	24:43	1:37	362	21:00	331	1:15:36
332	7/11	603	Asya Zikranova	F	46	Burbank	CA	396	31:23	4:46	292	22:34	1:12	154	15:49	332	1:15:42
333	40/41	585	Greg S Yip	M	34	Los Angeles	CA	289	23:46	5:24	282	22:16	4:42	329	19:36	333	1:15:42
334	23/37	314	Maya Lotan	F	35	Santa Monica	CA	274	22:47	5:19	365	25:35	1:33	353	20:33	334	1:15:45
335	15/26	77	Cindy Brumfiel	F	31	Santa Barbara	CA	345	26:19	7:45	345	24:14	1:17	178	16:18	335	1:15:50
336	24/37	371	Phuong-Ha Ngo	F	35	Los Angeles	CA	332	25:47	5:11	306	22:55	2:00	347	20:07	336	1:15:58
337	40/41	21	Roger Alejandro Arredon	M	35	Montebello	CA	321	25:08	5:10	358	24:56	2:16	284	18:30	337	1:15:59
338	9/16	619	Maryann Valbuena	F	40	Redondo Beach	CA	349	26:26	4:31	297	22:39	1:30	365	21:06	338	1:16:08
339	32/38	181	Phillip T Garcia	M	27	Glendora	CA	409	38:34	5:19	18	15:50	1:10	125	15:23	339	1:16:14
340	33/34	156	Jeff Emdee	M	45	Redondo Beach	CA	391	30:30	6:10	215	20:59	1:12	238	17:27	340	1:16:17

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
341	27/29	395	Victor Pagdan	M	42	El Segundo	CA	381	28:41							341	1:16:35
342	16/26	414	Jennifer Sue Pucher	F	32	Los Angeles	CA	344	26:18	4:17	350	24:32	1:28	346	20:04	342	1:16:36
343	10/16	8	Mary Allison	F	43	Manhattan Beach	CA	334	25:56	4:24	329	23:37	1:41	364	21:04	343	1:16:39
344	25/37	306	Alison Letson	F	37	Los Angeles	CA	360	27:26	4:41	314	23:03	2:13	319	19:20	344	1:16:40
345	8/11	523	Jackie Taylor	F	48	Long Beach	CA	278	22:54	5:13	334	23:51	2:03	384	22:53	345	1:16:51
346	26/37	273	Natasha Kangrga	F	35	Torrance	CA	348	26:25	5:18	327	23:36	2:04	328	19:35	346	1:16:56
347	9/13	472	Christine M. Schubert	F	53	Huntington Beach	CA	297	24:01	4:26	370	25:56	1:39	361	20:58	347	1:16:58
348	30/39	546	Amy Roxanne Vigil	F	28	Irvine	CA	365	27:38	3:54	322	23:26	1:28	354	20:35	348	1:16:59
349	11/16	744	Seanne Marie Harris	F	44	Saint Paul	MN	323	25:15	5:09	307	22:55	1:48	374	21:55	349	1:17:00
350	17/26	587	Melinda Yong	F	31	Valencia	CA	331	25:44	4:49	376	26:16	1:13	305	19:04	350	1:17:04
		22:22:16	06/15/2009														

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Race Scored by Golden State Timing
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OVERALL RESULTS INDIVIDUALS

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
351	10/13	403	Andrea P Perez	F	52	Redondo Beach	CA	314	24:53	5:59	361	25:01	1:26	342	20:02	351	1:17:19
352	31/39	438	Stephanie Roberts	F	29	Santa Monica	CA	343	26:16	4:43	363	25:12	1:30	338	19:50	352	1:17:28
353	12/16	26	Jennifer Bailey	F	42	Ladera Ranch	CA	372	27:55	4:50	294	22:37	1:45	355	20:38	353	1:17:42
354	41/41	563	Jason Weber	M	35	Redondo Beach	CA	268	22:34	7:15	313	23:03	1:31	391	23:30	354	1:17:51
355	6/6	549	Noah Lars Vikund	M	11	Redondo Beach	CA	269	22:35	5:13	404	29:38	1:00	324	19:34	355	1:17:57
356	28/29	171	Greg Michael Fox	M	44	Redondo Beach	CA	293	23:48	5:50	387	27:44	2:57	274	18:20	356	1:18:37
357	13/16	93	Dawn M Cerese	F	42	North Hollywood	CA	324	25:19	5:27	368	25:39	1:51	352	20:32	357	1:18:46
358	33/38	229	Nicholas Healy	M	25	Palos Verdes	CA	307	24:23	7:13	360	24:59	3:59	294	18:42	358	1:19:15
359	14/16	623	Donna Antarr	F	41		CA	342	26:13	5:00	371	25:58	2:15	341	19:57	359	1:19:21
360	32/39	49	Amanda Best	F	25	Long Beach	CA	125	18:12	5:49	392	28:14	1:38	402	25:37	360	1:19:27
361	1/1	178	Amy Crouch Galbraith	F	66	Venice	CA	356	26:54	7:40	355	24:49	1:29	304	19:00	361	1:19:49
362	33/39	461	Laurie Santo	F	29	Redondo Beach	CA	357	27:10	4:45	344	24:10	1:52	376	22:00	362	1:19:56
363	6/7	224	Carl T. Hanson	M	63	Signal Hill	CA	313	24:52	5:13	328	23:36	1:40	398	24:38	363	1:19:57
364	34/38	23	Vincent Audigier	M	27	Los Angeles	CA	308	24:31	7:00	396	28:55	1:56	262	17:53	364	1:20:12
365	35/38	448	Guillaume Max Rouviere	M	27	Marina Del Rey	CA	328	25:28					267	18:09	365	1:20:29
366	15/16	370	Sandy Nelson	F	42	Oxnard	CA	258	22:16	6:40	380	26:47	1:51	386	22:57	366	1:20:29
367	16/16	498	Stephanie Dawn Smith	F	42	Redondo Beach	CA	362	27:30	5:40	377	26:16	1:21	339	19:50	367	1:20:36
368	34/34	124	Chris De Lapp	M	49	Redondo Beach	CA	386	29:18	5:58	337	23:54	2:17	315	19:14	368	1:20:39
369	27/37	565	Susan Christine Weiner	F	35	Redondo Beach	CA	379	28:38	6:58	362	25:02	1:50	277	18:21	369	1:20:46
370	1/1	185	Helen Geoffrion	F	70	Santa Monica	CA	300	24:07	6:35	375	26:13	1:20	383	22:48	370	1:21:01
371	36/38	215	Juan Daniel Daniel Guer	M	28	Anaheim	CA	401	33:09	5:51	196	20:31	1:04	357	20:45	371	1:21:18
372	18/26	56	Jennifer Bontrager-Mart	F	34	Commerce	CA	178	19:56	9:00	391	28:02	3:17	366	21:06	372	1:21:19
373	9/11	388	Regina Olivas	F	45	Porter Ranch	CA	377	28:28	5:22	388	27:46	1:23	279	18:23	373	1:21:21
374	28/37	48	Nicole Bertholet	F	38	Venice	CA	361	27:26	4:32	385	27:17	1:32	359	20:48	374	1:21:32

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Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
375	7/7	407	John F Petrick	M	61	Thousand Oaks	CA	320	25:06	6:06	342	24:05	1:49	399	24:40	375	1:21:44
376	19/26	169	Kristin Jennifer Ford	F	31	Monrovia	CA	218	21:06	6:14	398	29:05	1:21	396	24:23	376	1:22:08
377	20/26	199	Kim Anne Goodenough	F	33	Whittier	CA	350	26:32	7:14	389	27:52	1:13	318	19:18	377	1:22:08
378	21/26	11	Melanie L Ameele	F	31	Monrovia	CA	234	21:32	5:46	403	29:33	1:30	392	23:49	378	1:22:08
379	2/3	259	Rosalind Jarrett	F	61	Los Angeles	CA	389	30:19	4:49	351	24:34	1:28	370	21:22	379	1:22:29
380	29/37	209	Kristin Groom	F	38	Huntington Beach	CA	359	27:23	7:24	381	26:49	1:24	322	19:32	380	1:22:30
381	37/38	545	Rony S Vega	M	26	Harbor City	CA	410	42:50	3:12	156	19:46	1:12	163	15:57	381	1:22:55
382	14/14	621	Erich Robert Chen	M	24			378	28:30	6:29	303	22:51	1:13	397	24:36	382	1:23:37
383	3/3	592	Jackie Yukawa	F	60	Pasadena	CA	347	26:24	4:39	357	24:54	2:02	403	25:49	383	1:23:47
384	22/26	538	Erika Twohy	F	31	Phoenix	AZ	358	27:20	7:42	348	24:28	1:31	387	23:03	384	1:24:03
385	34/39	491	Eva Simons	F	25	Los Angeles	CA	301	24:08	7:21	369	25:50	2:48	393	24:00	385	1:24:04
386	30/37	486	Shira Shimoni	F	37	La	CA	369	27:47	7:11	366	25:36	1:37	378	22:10	386	1:24:19
387	35/39	120	Crystal Marie Crutcher	F	29	Lakewood	CA	384	29:01	5:31	394	28:45	1:16	350	20:15	387	1:24:47
388	36/39	277	Anne H Kim	F	25	Torrance	CA	373	27:58	6:20	405	30:10	1:27	332	19:45	388	1:25:37
389	31/37	213	Shawna Gruwell	F	39	Phoenix	AZ	383	28:59	6:33	402	29:32	1:12	321	19:30	389	1:25:44
390	2/2	431	Lauren Alexandra Rishof	F	19	Agoura Hills	CA	333	25:49	6:30	372	26:04	1:44	405	26:38	390	1:26:43
391	5/7	340	Linda Sue McKeown	F	59	Los Angeles	CA	388	29:52	7:56	326	23:34	3:27	380	22:33	391	1:27:20
392	32/37	299	Robin Marie Lawrence	F	36	Irvine	CA	354	26:46	10:50	378	26:23	2:05	368	21:19	392	1:27:21
393	6/7	248	Carol Hunt	F	59	Camarillo	CA	367	27:45	5:20	373	26:06	2:21	404	26:20	393	1:27:49
394	38/38	519	Michael Tang	M	25	Cerritos	CA	385	29:05	8:58	335	23:51	3:38	382	22:47	394	1:28:17
395	37/39	17	Bianca Francesca Apolon	F	28	Buena Park	CA	393	30:39	7:43	356	24:49	2:13	389	23:08	395	1:28:30
396	11/13	163	Sandra Field	F	54	Cypress	CA	248	22:03	6:53	390	27:57	2:19	409	29:44	396	1:28:53
397	33/37	721	Yami Burns	F	37	Costa Mesa	CA	397	32:06	8:56	1	1:45	29:05	220	17:07	397	1:28:58
398	34/37	109	Stephanie Connell	F	38	Costa Mesa	CA	394	30:40	7:28	400	29:16	2:22	333	19:45	398	1:29:29
399	41/41	154	Gordon Eick	M	33	Venice	CA	392	30:31	8:50	374	26:13	2:23	371	21:37	399	1:29:31
400	38/39	272	Taylor Binna Kang	F	27	Torrance	CA	395	31:03	9:11	393	28:42	1:59	291	18:41	400	1:29:34

22:22:16 06/15/2009

Sprint
 1/2mi Swim, 6mi Bike, 2mi Run
 Race Scored by Golden State Timing
 06/14/2009

OVERALL RESULTS INDIVIDUALS

** DIV/TOT shows place in agegroup/div & the total (6/42 - 6th out of 42) **

Place	Div/Tot	Bib	Name	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Rank	Time
401	29/29	289	Akira Kugaya	M	42	Rancho Palos Verde	CA	402	34:33	5:52	401	29:20	0:58	367	21:08	401	1:31:50
402	10/11	320	Amanda MacLennan	F	46	Redondo Beach	CA	376	28:11	5:37	395	28:51	1:23	408	28:07	402	1:32:07
403	35/37	566	Monica Marie Weiss	F	35	Hermosa Beach	CA	405	36:42	6:06	397	29:01	1:12	310	19:11	403	1:32:10
404	23/26	550	Jaclyn Villegas	F	32	West Hollywood	CA	400	33:07	8:53	379	26:27	2:05	385	22:56	404	1:33:27
405	12/13	504	Marisa Anne Solomon	F	53	Carson	CA	404	36:18	6:15	352	24:35	2:54	401	25:37	405	1:35:36
406	39/39	153	Tierney Eichman	F	27	Laguna Beach	CA	406	36:49	6:26	384	27:09	1:12	394	24:17	406	1:35:51
407	7/7	294	Jo Lam	F	58	Gardena	CA	399	32:42	6:44	383	27:06	2:24	407	27:08	407	1:36:00
408	24/26	483	Carly Jma Shea	F	31	Los Angeles	CA	286	23:19	5:14	409	43:48	1:44	377	22:06	408	1:36:10
409	36/37	94	Jennifer Chacon	F	35	Torrance	CA	398	32:16	7:54	382	27:03	1:41	412	32:18	409	1:41:11
410	11/11	165	Julia Elizabeth Fister	F	47	Lancaster	CA	390	30:26	6:52	408	37:18	1:30	406	26:53	410	1:42:57
411	25/26	142	Amy Dugdale	F	33	Redondo Beach	CA	374	28:08	11:15	407	34:55	4:39	395	24:19	411	1:43:14
412	1/1	608	Bill Bell	M	87	Indian Wells	CA	403	34:47	11:01	399	29:10	2:53	411	31:50	412	1:49:39
413	13/13	334	Christine Suzanne Massa	F	50	Arcadia	CA	408	37:52	8:36	406	31:17	4:01	410	31:24	413	1:53:08
414	37/37	164	Ingrid Flores	F	38	Burbank	CA	407	37:44	8:15	410	47:43	1:54	413	33:57	414	2:09:31
415	26/26	128	Ruby Del Rio	F	34	Hawthorne	CA									415	2:11:00

22:22:16 06/15/2009